

THE Cambridge Landing *Lifestyle*



CAMBRIDGE
LANDING
SENIOR LIVING AT EASE

Like Us!  

MEMORY CARE COMMUNITY

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FEBRUARY 2025



Historic Events in February

- 1849: James K. Polk is the first president to be photographed.
- 1868: The first U.S. parade with floats occurs at an Alabama Mardi Gras celebration.
- 1884: The inaugural edition of the Oxford English Dictionary is published. It only covers "A" through "Ant" in 352 pages.
- 1895: William G. Morgan invents a sport called mintonette. One year later, the name is changed to volleyball.
- 1922: "Reader's Digest" is published for the first time.
- 1924: Calvin Coolidge is the first president to give a political speech on the radio.
- 1929: The first Academy Award winners are announced.
- 1953: James Watson and Francis Crick declare that they've discovered the chemical structure of DNA.
- 1964: The Beatles appear on "The Ed Sullivan Show."
- 1971: Astronaut Alan Shepard hits a golf ball on the moon.
- 1980: The U.S. Olympic hockey team beats the heavily favored U.S.S.R. team in an upset dubbed the "Miracle on Ice."
- 1991: The Baseball Hall of Fame votes to ban Pete Rose because of allegations he bet on baseball.



Happy Valentine's Day

Valentine's Day is coming, and it reminds us of the people we love the most: you, our residents! And we're not thinking about just hearts and flowers, either. We are committed to making your home here the best ever. Please don't hesitate to let us know if there's anything else we can do to make it that way!



FEBRUARY 2025

Cute Cork Critter

Make several of these little lovebugs to hand out to loved ones on Valentine's Day.

Materials:

- Cork
- Red or pink construction paper
- Scissors
- Craft glue
- Wiggle eyes
- Small round magnet (optional)

Directions:







Stand the cork upright on one of its flat ends. This is the lovebug's body.

From the construction paper, cut out two small heart shapes, about the same size as each other. On one heart, place a dot of glue toward the bottom, near the point. Attach it to the back of the cork with the rounded top of the heart shape sticking out to the side, so that it looks like a butterfly's wings.

Repeat with the second heart, gluing it to the bug so that the wing points in the opposite direction.

Glue two wiggle eyes to the front of the cork. If desired, glue a small magnet to the back of the bug.

"While it is February, one can taste the full joys of anticipation. Spring stands at the gate with her finger on the latch."
—Patience Strong

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Bill's Birthday, Groundhog Day 2</p> <p>9:00 ■ Talk with Friends 10:00 ■ Exercise 10:30 ■ Let's Talk Groundhog Day 11:00 ■ Sunday Worship! 2:00 ■ Ball Toss 3:00 ■ Sort and Match Socks 6:00 ■ Resident Choice</p>	 <p>Feed the Birds Day 3</p> <p>9:00 ■ Talk with Friends 10:00 ■ Move to Music 10:30 ■ Feed the Birds 2:00 ■ Paint and Chat 3:00 ■ Axe Throwing 6:00 ■ Movie of Choice</p>	 <p>Rosa Parks Day 4</p> <p>9:00 ■ Talk with Friends 10:00 ■ Chair Exercises 10:30 ■ Let's Talk Rosa Parks 11:00 ■ Sensory Bins 2:00 ■ Riddles and Rhymes 3:00 ■ Bingo 6:00 ■ Resident Choice</p>	 <p>5</p> <p>9:00 ■ Talk with Friends 10:00 ■ Mind and Body 10:30 ■ Sing A Long 11:00 ■ Hangman 2:00 ■ Who Am I? 3:00 ■ Ants in the Pants 6:00 ■ Movie of Choice</p>	 <p>6</p> <p>9:00 ■ Talk with Friends 10:00 ■ Yoga 10:30 ■ Name that Tune 11:00 ■ Balloon Battle 2:00 ■ Resident Council 3:00 ■ Let's Tell Jokes 6:00 ■ Resident Choice</p>	 <p>7</p> <p>9:00 ■ Talk with Friends 10:00 ■ Weights 11:00 ■ Cornhole 2:00 ■ Sensory Bins 3:00 ■ Reminiscing Childhood Memories 6:00 ■ Movie of Choice</p>	<p>1</p> <p>9:00 ■ Talk with Friends 10:00 ■ Exercise 11:00 ■ Balloon Battle 2:00 ■ Movie and Popcorn 3:30 ■ Fluff and Fold 6:00 ■ Resident Choice</p>
<p>9</p> <p>Super Bowl Sunday 9</p> <p>9:00 ■ Talk with Friends 10:00 ■ Exercise 11:00 ■ Sunday Worship! 2:00 ■ Super Bowl Party 3:00 ■ Bingo 6:00 ■ Resident Choice</p>	<p>10</p> <p>Thomas Edison's Birthday 10</p> <p>9:00 ■ Talk with Friends 10:00 ■ Move to Music 11:00 ■ Listen to Music 2:00 ■ Conversation Ball 3:00 ■ Fluff and Fold 6:00 ■ Movie of Choice</p>	<p>11</p> <p>National Hug Day 11</p> <p>9:00 ■ Talk with Friends 10:00 ■ Chair Exercises 10:30 ■ Let's Talk Thomas Edison 11:00 ■ Balloon Battle 2:00 ■ Guess the Object 3:00 ■ Bingo 6:00 ■ Resident Choice</p>	<p>12</p> <p>Valentine's Day 12</p> <p>9:00 ■ Talk with Friends 10:00 ■ Mind and Body 10:30 ■ Horseshoes 11:00 ■ Sensory Bins 2:00 ■ Sing-A-Long 3:00 ■ Learning Sign Language 6:00 ■ Movie of Choice</p>	<p>13</p> <p>Valentine's Day 13</p> <p>9:00 ■ Talk with Friends 10:00 ■ Yoga 10:30 ■ Making Flowers 2:00 ■ Bowling 3:00 ■ Matching 6:00 ■ Resident Choice</p>	<p>14</p> <p>Valentine's Day 14</p> <p>9:00 ■ Talk with Friends 10:00 ■ Weights 10:30 ■ Ukulele Vibes with Robin 2:00 ■ Valentine's Day Party 3:00 ■ Bingo 6:00 ■ Movie of Choice</p>	<p>15</p> <p>9:00 ■ Talk with Friends 10:00 ■ Exercise 10:30 ■ Balloon Battle 2:00 ■ Let's Make Music 3:00 ■ Fluff and Fold 6:00 ■ Resident Choice</p>
<p>16</p> <p>9:00 ■ Talk with Friends 10:00 ■ Exercise 11:00 ■ Sunday Worship! 2:00 ■ Conversation Ball 3:00 ■ Sort and Match Socks 6:00 ■ Resident Choice</p>	<p>17</p> <p>Presidents Day 17</p> <p>9:00 ■ Talk with Friends 10:00 ■ Move to Music 10:30 ■ Let's Talk Presidents 11:00 ■ Reminiscing Childhood Memories 2:00 ■ Connect 4 3:00 ■ Sensory Bag 6:00 ■ Movie of Choice</p>	<p>18</p> <p>Pluto Day 18</p> <p>9:00 ■ Talk with Friends 10:00 ■ Chair Exercises 10:30 ■ Let's Talk Pluto 11:00 ■ Cornhole 2:00 ■ Craft Corner 3:00 ■ Bingo 6:00 ■ Resident Choice</p>	<p>19</p> <p>National Love Your Pet Day 19</p> <p>9:00 ■ Talk with Friends 10:00 ■ Mind and Body 10:30 ■ Cooking Corner 2:00 ■ Paint and Chat 3:00 ■ Popcorn and Movie 6:00 ■ Movie of Choice</p>	<p>20</p> <p>National Love Your Pet Day 20</p> <p>9:00 ■ Talk with Friends 10:00 ■ Yoga 10:30 ■ Science Experiment 2:00 ■ Axe Throwing 3:00 ■ Reminiscing Childhood Memories 6:00 ■ Resident Choice</p>	<p>21</p> <p>9:00 ■ Talk with Friends 10:00 ■ Weights 10:30 ■ Ball Toss 2:00 ■ Guess the Object 3:00 ■ Sensory Bins 6:00 ■ Movie of Choice</p>	<p>22</p> <p>9:00 ■ Talk with Friends 10:00 ■ Exercise 10:30 ■ Whack A Mole 2:00 ■ Craft Corner 3:00 ■ Ants in the Pants 6:00 ■ Resident Choice</p>
<p>23</p> <p>9:00 ■ Talk with Friends 10:00 ■ Exercise 11:00 ■ Sunday Worship! 2:00 ■ Hot Chocolate Social 3:00 ■ Bingo 6:00 ■ Resident Choice</p>	<p>24</p> <p>Sandy's Birthday 24</p> <p>9:00 ■ Talk with Friends 10:00 ■ Move to Music 10:30 ■ Bowling 2:00 ■ Sensory Bins 3:00 ■ Riddles and Rhymes 6:00 ■ Movie of Choice</p>	<p>25</p> <p>9:00 ■ Talk with Friends 10:00 ■ Visits with Evelyn 11:00 ■ Sensory Bins 2:00 ■ Short Stories 3:00 ■ Bingo 6:00 ■ Resident Choice</p>	<p>26</p> <p>9:00 ■ Talk with Friends 10:00 ■ Mind and Body 10:30 ■ Hangman 11:00 ■ Tell Jokes 2:00 ■ Cooking Corner 3:00 ■ Science Experiment 6:00 ■ Movie of Choice</p>	<p>27</p> <p>National Pokemon Day 27</p> <p>9:00 ■ Talk with Friends 10:00 ■ Yoga 10:30 ■ What Are Pokemon? 11:00 ■ Drawing Time 2:00 ■ Simon Says 3:00 ■ Movie and Popcorn 6:00 ■ Resident Choice</p>	<p>28</p> <p>9:00 ■ Talk with Friends 10:00 ■ Weights 10:30 ■ Ladder Ball 11:00 ■ Let's Talk Waterfalls 2:00 ■ Guess Who? 3:00 ■ Ball Toss 6:00 ■ Movie of Choice</p>	<p>February Birthdays</p> <p>February 2 ~ <i>Bill</i> February 24 ~ <i>Sandy</i> We want to wish you a very Happy Birthday from all of us here at Cambridge Landing!</p>



Groundhog Day

Will Punxsutawney Phil see his shadow on Feb. 2? Will we have six more weeks of winter, or is spring right around the corner? We'll have some groundhog-themed activities as we eagerly await Phil's prediction, so check the calendar for all the details!

Awaiting the Season's Change

"While it is February, one can taste the full joys of anticipation. Spring stands at the gate with her finger on the latch." —Patience Strong



Black History Month

Each February, Americans celebrate Black History Month. This tribute dates back to 1926 and is credited to Harvard scholar Dr. Carter G. Woodson. The observance originally ran one week and included the birthdays of Frederick Douglass and Abraham Lincoln. Since 1976, the contributions of African-Americans have been celebrated for the entire month of February.



A Peek at the Presidents

George Washington probably didn't chop down a cherry tree, and his dentures weren't made of wood, but of cow teeth. More presidential tidbits:

Thomas Jefferson (1801-09). A prolific inventor, he designed or improved the spherical sundial, dumbwaiter and swivel chair, among other items.

John Quincy Adams (1825-29). Swam in the Potomac River each morning.

Ulysses S. Grant (1869-77). Received a speeding ticket while driving his one-horse carriage in Washington, D.C.

James A. Garfield (1881). Ambidextrous, President Garfield could write a sentence in Latin with one hand and in Greek with the other.

Warren G. Harding (1921-23). During a poker game, he lost a set of White House china to Gen. Douglas MacArthur's first wife, Louise.

Franklin D. Roosevelt (1933-45). After President Roosevelt told guests about a mystery story he'd imagined, it was made into a novel and movie, called "The President's Mystery." FDR received a "story by" credit.

Gerald Ford (1974-77). He and his wife, Betty, had been models. He even appeared on the cover of Cosmopolitan magazine.